



November 2021

Dear Diane,

Exciting news to share: an updated OCAOSW website is just around the corner! And yes, whatever your tech preference; be it tablet, phone, or laptop, access will be significantly improved. Headed your way in February 2022, please stand by for a better user experience and more timely information.

For now as we head into the holiday season, we hope you'll join us for the upcoming events:

November 17, 5PM: [Mindfulness](#)

November 19, 4PM: [OCAOSW Support Group](#)

December 10: 4PM: [OCAOSW Support Group](#)

Warmest regards,

Zoya Kumar

Executive Director

In Her Own Words:

Sandi Jossi

While working one day...read more [here](#)



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Expert Presentations from OCRA's 2021 Virtual National Conference

This past fall's Uniting for Hope Ovarian Cancer National Conference included a wide range of session topics, including demystifying genetic testing and precision medicine; providing resources for financial support; explaining clinical trials; and so much more.

Watch the presentations [here](#).



Red Cross Blood Supply Alert

Please let friends and family know there is a critical shortage right now in our area. As we know, all types of people, including those with cancer, rely on blood transfusions.

Recently there have been a number of challenges to maintaining a stable supply. For those who are eligible to give, now is a great time. You can make an appointment at <https://redcrossblood.org>.

No Out of Pocket Genetic Re-Testing

Have you previously tested for BRCA1/BRCA2 full testing or for Lynch Syndrome prior to 2013? If so, you may qualify for update testing at no out of pocket expense. Check with your geneticist or provider for more information.

Story Time: Seeking IHOW Authors

In Her Own Words is one of the most read and appreciated articles in our newsletter and on our website. If you're interested in sharing your journey with our community, please contact [Diane O'Connor](#).

Camp Mak-a-Dream in Gold Creek, MT Retreats

Please visit this [page](#) for details on event and programming changes based on current recommendations and restrictions surrounding the COVID-19 (Novel Coronavirus) situation.

For more camp information: click [here](#).



Easy Ways to Make a BIG Difference



Set up a Facebook Fundraiser to benefit the Ovarian Cancer Alliance of Oregon and Southwest Washington.

Follow these [easy instructions](#).

You'll make a big difference in the lives of survivors by helping fund our emotional and financial support programs.



Make a difference when you shop! Please consider linking your online Amazon shopping account to the Ovarian Cancer Alliance of Oregon and SW Washington. For every dollar spent, **OCAOSW** receives a [donation from AmazonSmile](#) and that is surely something to smile about!



You can help the Ovarian Cancer Alliance of Oregon and SW Washington earn donations just by shopping with your Fred Meyer rewards card! To learn more, login to your [Fred Meyer account](#).

Ovarian Cancer Alliance of Oregon & SW Washington
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