



## October 2021

Dear Diane,

Thank you for supporting our O-Vary Funny FUNdraiser in a big way! Because of your generosity, we raised close to \$84,000 for critical programs benefiting ovarian cancer survivors.

A few silent auction steals and deals are available [here](#). Bidding ends October 11 at 12pm.

If you missed the virtual O-Vary Funny broadcast show on September 24, you can still watch it [here](#).

While on the subject of events, join us for these upcoming sessions:

October 13, 5PM: [Fear of Recurrence](#)

October 21, 4PM: [OCAOSW Support Group](#)

November 17, 5PM: [Mindfulness](#)

November 19, 4PM: [OCAOSW Support Group](#)

December 10: 4PM: [OCAOSW Support Group](#)

Warmest regards,

Zoya Kumar

Executive Director

## In Her Own Words:

### Diane Morris

On a Saturday evening I felt...read more [here](#)



#### Quick Links

[Website](#)

[Donate](#)

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[Survivor Stories](#)



### Recap of Girls Night Out (GNO) - Camas

This fabulous and fun event brought out women for a night of shopping, festive drinks, dining, a fashion show (models included our own Diane O'Connor and Anita Krivitzky!), and activities.

The annual GNO event supports local women's charities: the Ovarian Cancer Alliance of Oregon and SW Washington and Pink Lemonade Project.

*Diane O'Connor and Diane Elizondo staffing our OCAOSW table at 2021 GNO*

## **Red Cross Blood Supply Alert**

Please let friends and family know there is a critical shortage right now in our area. As we know, all types of people, including those with cancer, rely on blood transfusions.

Recently there have been a number of challenges to maintaining a stable supply. For those who are eligible to give, now is a great time. You can make an appointment at <https://redcrossblood.org>.

### **No Out of Pocket Genetic Re-Testing**

Have you previously tested for BRCA1/BRCA2 full testing or for Lynch Syndrome prior to 2013? If so, you may qualify for update testing at no out of pocket expense. Check with your geneticist or provider for more information.

### **Story Time: Seeking IHOW Authors**

*In Her Own Words* is one of the most read and appreciated articles in our newsletter and on our website. If you're interested in sharing your journey with our community, please contact [Diane O'Connor](#).

### **Camp Mak-a-Dream in Gold Creek, MT Retreats**

Please visit this [page](#) for details on event and programming changes based on current recommendations and restrictions surrounding the COVID-19 (Novel Coronavirus) situation.

For more camp information: click [here](#).

## **Easy Ways to Make a BIG Difference**

Set up a Facebook Fundraiser to benefit the Ovarian Cancer Alliance of Oregon and Southwest Washington.

Follow these [easy instructions](#).

You'll make a big difference in the lives of survivors by helping fund our emotional and financial support programs.

Make a difference when you shop! Please consider linking your online Amazon shopping account to the Ovarian Cancer Alliance of Oregon and SW Washington. For every dollar

spent, **OCAOSW** receives a [donation from AmazonSmile](#) and that is surely something to smile about!

You can help the Ovarian Cancer Alliance of Oregon and SW Washington earn donations just by shopping with your Fred Meyer rewards card! To learn more, login to your [Fred Meyer account](#).

Ovarian Cancer Alliance of Oregon & SW Washington  
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