



September 2021

Dear Diane,

Our biggest FUNdraiser of the year, O-Vary Funny, is just around the corner on September 24. As you may have heard, we made the decision to cancel the onsite broadcast watch party due to the potential vulnerability of the immune suppressed to the Delta Variant. The impacts of the Delta Variant are being felt across the region.

The virtual broadcast show will continue as scheduled. You can watch the September 24 broadcast show [here](#).

To browse the silent auction catalog, bid on items, make a cash donation, and participate in the virtual paddle raise, click [here](#).

Your kindness and support have kept OCAOSW strong despite these strange and difficult times because you have understood that cancer hasn't taken a break.

Thank you for that.

Warmest regards,

Zoya Kumar

Executive Director

In Her Own Words:

Kristen Lunden

In April 2018 I started experiencing abdominal...read more [here](#)



Quick Links

[Website](#)

[Donate](#)

[Subscribe](#)

[Survivor Stories](#)



2021 Virtual O-Vary Funny

September 24, 2021, 6:30PM

Watch the Show [Here](#)

Join us for our 9th Annual O-Vary fundraiser on Friday, September 24, 6:30PM. Our featured comedian is Dr. Scott Rushing who will prove laughter is the best medicine!!!

[Sign up here](#) to browse the silent auction catalog, bid on items, make a cash donation, and participate in the virtual paddle raise.

Event proceeds support our pillar programs including: the Here4You Financial Assistance Program for women in chemotherapy; Survivors Teaching Students Program to help medical, nursing, physician assistant, and pharmacy students understand the survivors' human and personal journeys and how the students can better assist in care as they move into their

professions; By Your Side chemotherapy care kits; peer support for those newly diagnosed with cancer or facing a recurrence; and educational classes and fellowship events.

A big thanks to our 2021 O-Vary Funny sponsors to date:

Presenting: Compass Oncology

Gold: Providence Cancer Institute; Zidell Family Foundation; GRAIL; Walsh Trucking Co

Silver: Willamette Valley Cancer Institute and Research Center; Standard TV & Appliance; Clovis Oncology

Bronze: Oregon Health & Science University Knight Cancer Institute; Myriad Genetics

Teal: SHOC Foundation

**For event questions or to [donate items](#), contact zoyak@ovariancancerosw.org.
September - Ovarian Cancer Awareness Month**

Friday, September 3, is National Wear Teal Day! To help spread awareness of ovarian cancer, we invite you to don your best teal outfit and snap a picture of yourself so we can highlight National Wear Teal Day on social media.

Additionally, Portland's Morrison Bridge will be teal lit on September 24, in celebration of Ovarian Cancer Awareness Month and our [O-Vary Funny FUNdraiser](#).

Red Cross Blood Supply Alert

Please let friends and family know there is a critical shortage right now in our area. As we know, all types of people, including those with cancer, rely on blood transfusions.

Recently there have been a number of challenges to maintaining a stable supply. For those who are eligible to give, now is a great time. You can make an appointment at <https://redcrossblood.org>.

OCAOSW Upcoming Events

September 16, 4PM: [OCAOSW Support Group](#)

October 13, 5PM: [Fear of Recurrence](#)

October 21, 4PM: [OCAOSW Support Group](#)

November 17, 5PM: [Mindfulness](#)

November 19, 4PM: [OCAOSW Support Group](#)

December 10: 4PM: [OCAOSW Support Group](#)

September 28 – 30

Keeping up with the latest scientific discoveries can be overwhelming — but there is hope on the horizon, and all the latest will be shared with you at the virtual National Conference.

The program will feature everything you've come to expect from the annual gathering, with a virtual twist: just like last year, every seat is a front-row seat to expert presentations. In addition to full-group general sessions, you can also participate in engaging breakout discussions covering a wide range of topics. Plus, you can join community-building activities, special sessions for friends and family, a chance to ask the experts your burning questions, and ways to get involved, stay connected, and find support.

Register [here](#).

No Out of Pocket Genetic Re-Testing

Have you previously tested for BRCA1/BRCA2 full testing or for Lynch Syndrome prior to 2013? If so, you may qualify for update testing at no out of pocket expense. Check with your geneticist or provider for more information.

Story Time: Seeking IHOW Authors

In Her Own Words is one of the most read and appreciated articles in our newsletter and on our website. If you're interested in sharing your journey with our community, please contact [Diane O'Connor](#).

Camp Mak-a-Dream in Gold Creek, MT Retreats

Please visit this [page](#) for details on event and programming changes based on current recommendations and restrictions surrounding the COVID-19 (Novel Coronavirus) situation.

For more camp information: click [here](#).

Easy Ways to Make a BIG Difference

Set up a Facebook Fundraiser to benefit the Ovarian Cancer Alliance of Oregon and Southwest Washington.

Follow these [easy instructions](#).

You'll make a big difference in the lives of survivors by helping fund our emotional and financial support programs.

Make a difference when you shop! Please consider linking your online Amazon shopping account to the Ovarian Cancer Alliance of Oregon and SW Washington. For every dollar spent, **OCAOSW** receives a [donation from AmazonSmile](#) and that is surely something to smile about!

You can help the Ovarian Cancer Alliance of Oregon and SW Washington earn donations just by shopping with your Fred Meyer rewards card! To learn more, login to your [Fred Meyer account](#).

Ovarian Cancer Alliance of Oregon & SW Washington
PMB 243 Suite 103 | 16420 SE McGillivray | Vancouver | WA | 98683